

PARSNIP



RUSSIAN

Pasternak (пастернак)

SPANISH

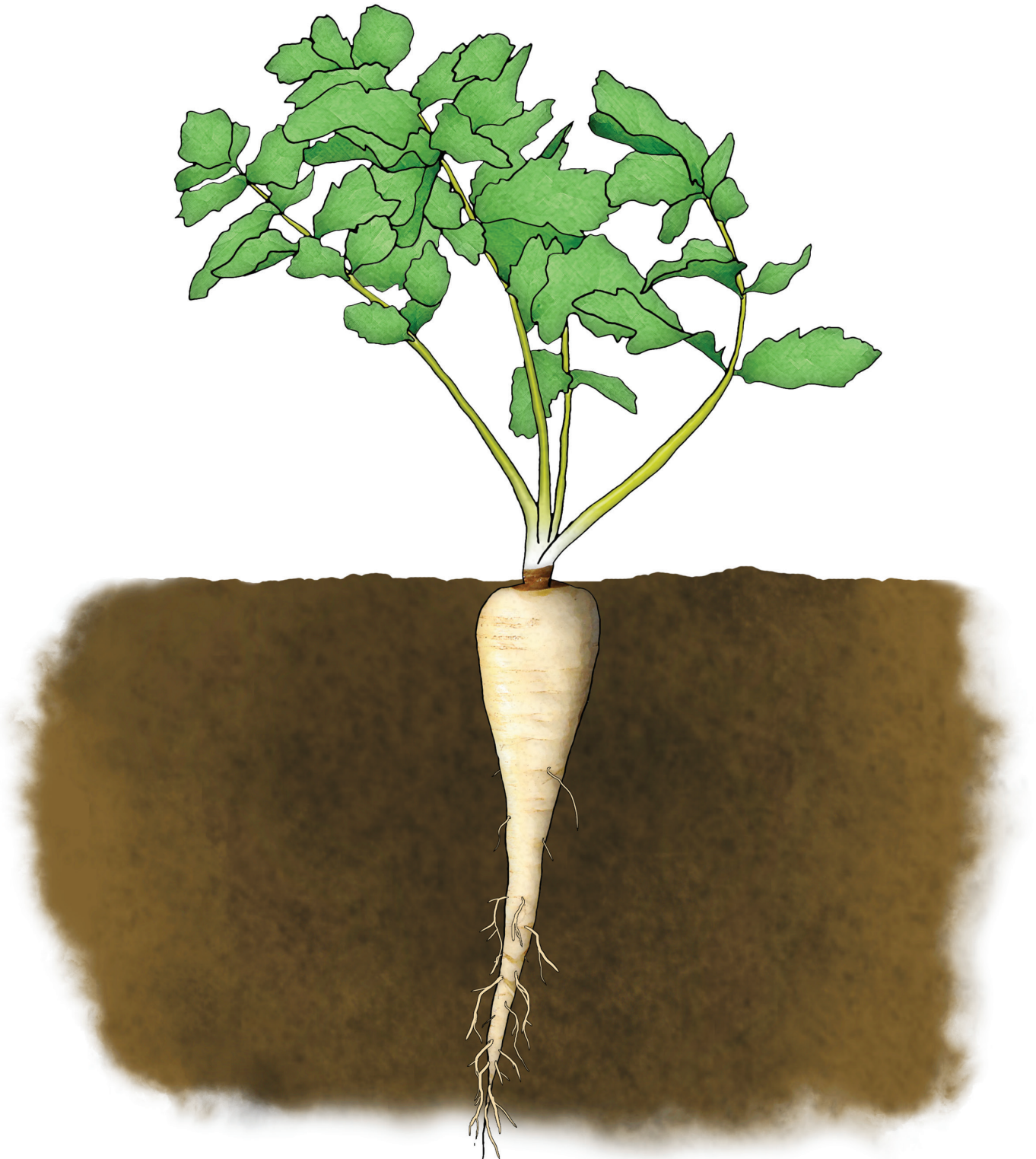
Chirivía

VIETNAMESE

Củ Cải Vàng

This vegetable is called a parsnip! Does the parsnip look like any other vegetable you have seen? What about a carrot? A parsnip is a root vegetable, just like a carrot. Who has tried a parsnip? What did it taste like? Parsnip is delicious roasted in the oven. We can also cook parsnip and mash it up with mashed potatoes. We can stir fry parsnip by cooking it in a big, round pan called a “wok.”

How do PARSNIPS grow?



How do PARSNIPS grow?

Parsnips grow from seeds, and need water and sunlight to grow. Parsnips are root vegetables that grow under the ground. Parsnip leaves grow above the ground. We eat the parsnip roots, but not the leaves. When parsnips are ready to eat, we pull them from the soil.

What other vegetables grow in the soil, under the ground?

SAME BUT DIFFERENT ROOT VEGETABLES



Parsnip



Rutabaga



Turnip



Carrot



Beet

Root vegetables grow under the ground. We can eat lots of root vegetables in the winter. There are many different kinds of root vegetables. Here are five kinds (point to each one as you say the name):

- | | |
|-------------|-----------|
| 1. Parsnip | 4. Beet |
| 2. Rutabaga | 5. Carrot |
| 3. Turnip | |

You can grow different kinds of root vegetables in a garden. Farmers can grow different kinds of root vegetables on their farms, too. Root vegetables come in many different colors, shapes, and sizes!

What colors do you see?

How are these root vegetables the same?

How are these root vegetables different?

Which is the parsnip? Which is the rutabaga? Which is the turnip? Which is the beet? Which is the carrot?





Carrot





Parsnip





Rutabaga



Turnip



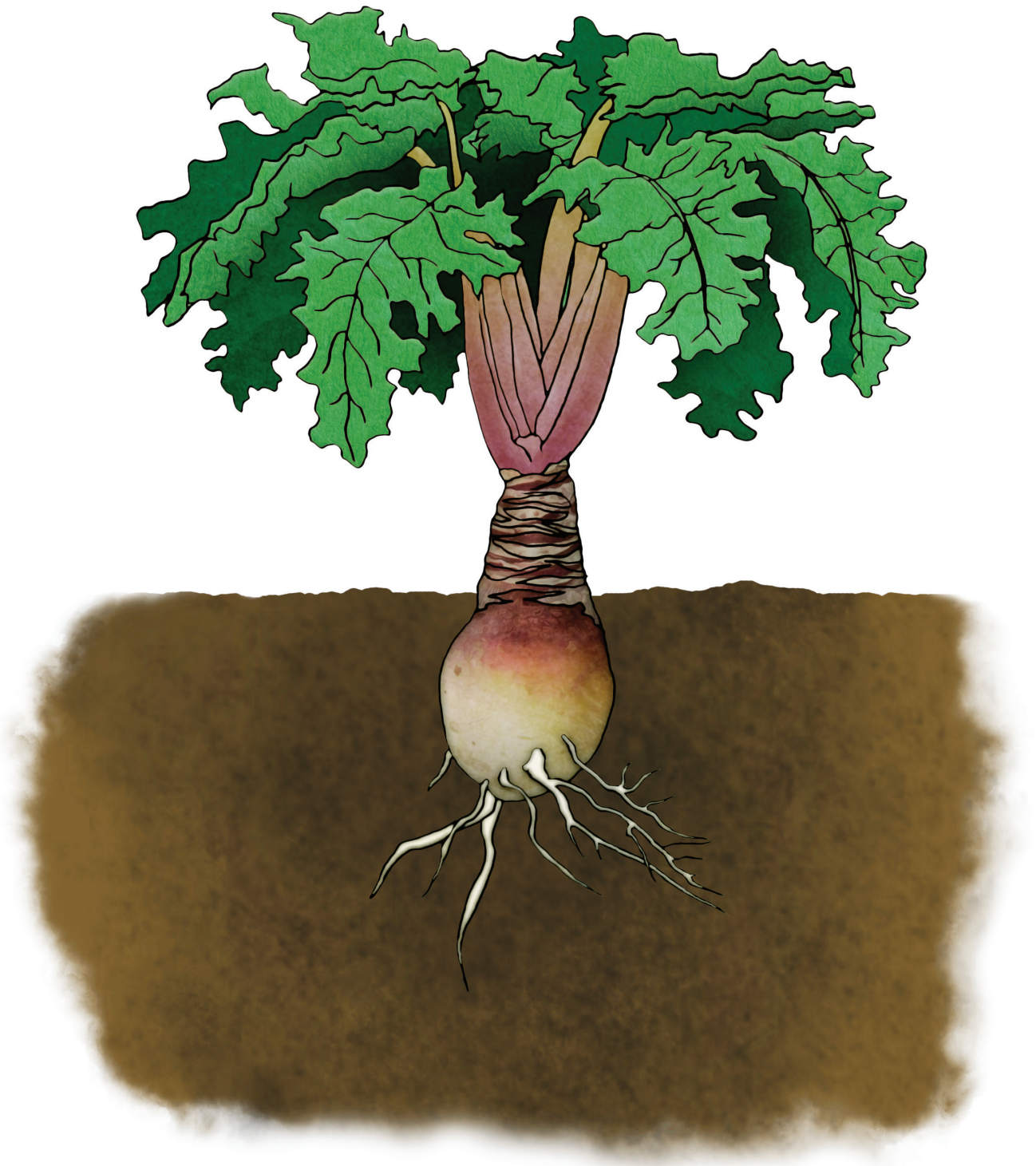


Parsnip

RUTABAGA



How do RUTABAGAS grow?



RUSSIAN

Bryukva (брюква)

SPANISH

Colinabo

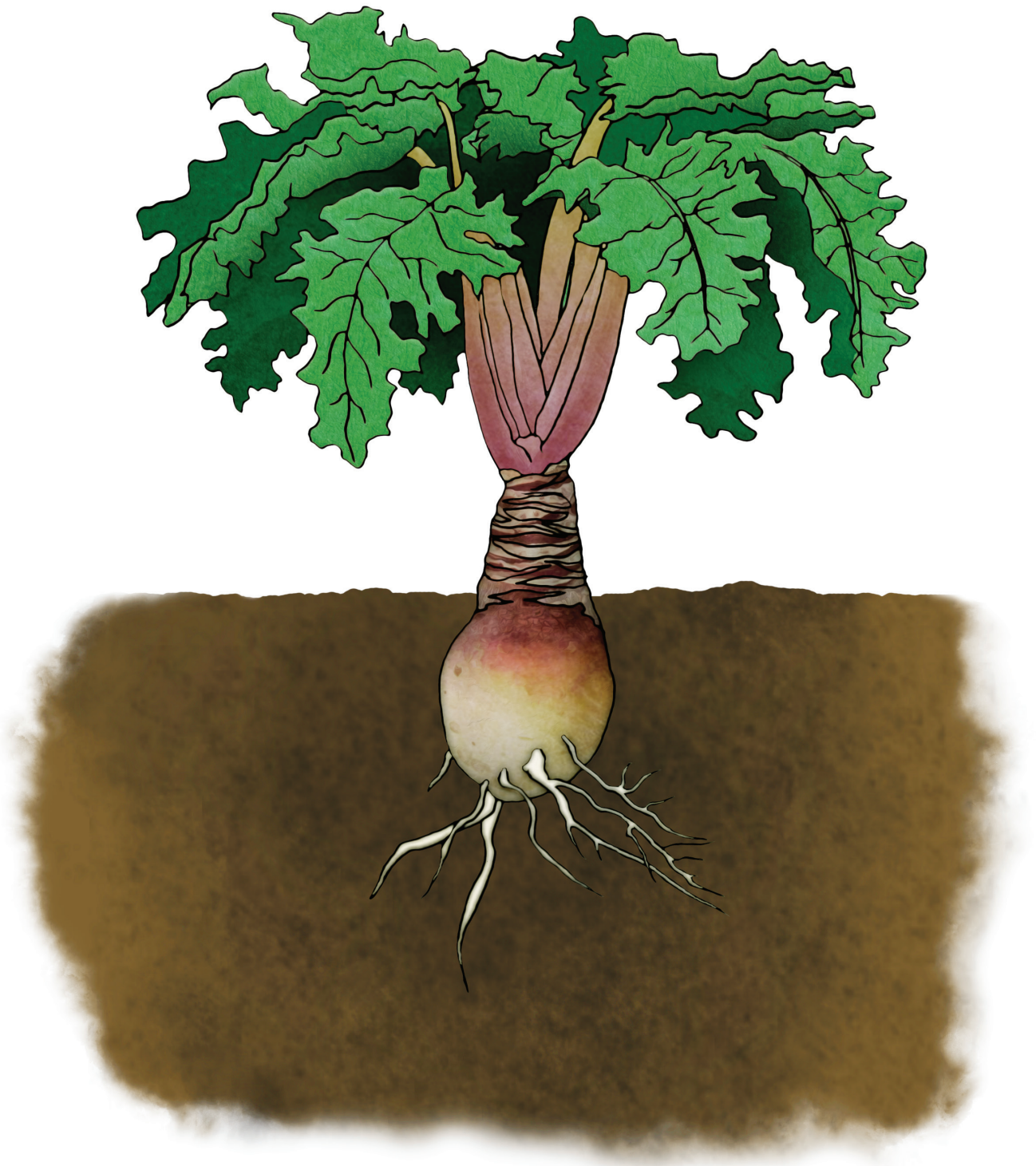
This vegetable is a rutabaga. Let's clap out the word: ru-ta-ba-ga. It's fun to say! A rutabaga is a kind of root vegetable. It is a lot like a turnip. Who has tried a rutabaga? What did it taste like? Rutabagas can be cooked and mashed, just like potatoes. Yum! We can also roast rutabagas in the oven. They are sweet and delicious.

How do RUTABAGAS grow?

Rutabagas grow from seeds, and need water and sunlight to grow. Rutabagas are root vegetables that grow under the ground. Rutabaga leaves (called rutabaga “greens”) grow above the ground. We can eat rutabaga roots and rutabaga leaves. When rutabagas are ready to eat, we pull them from the soil.

What other vegetables grow in the soil, under the ground?

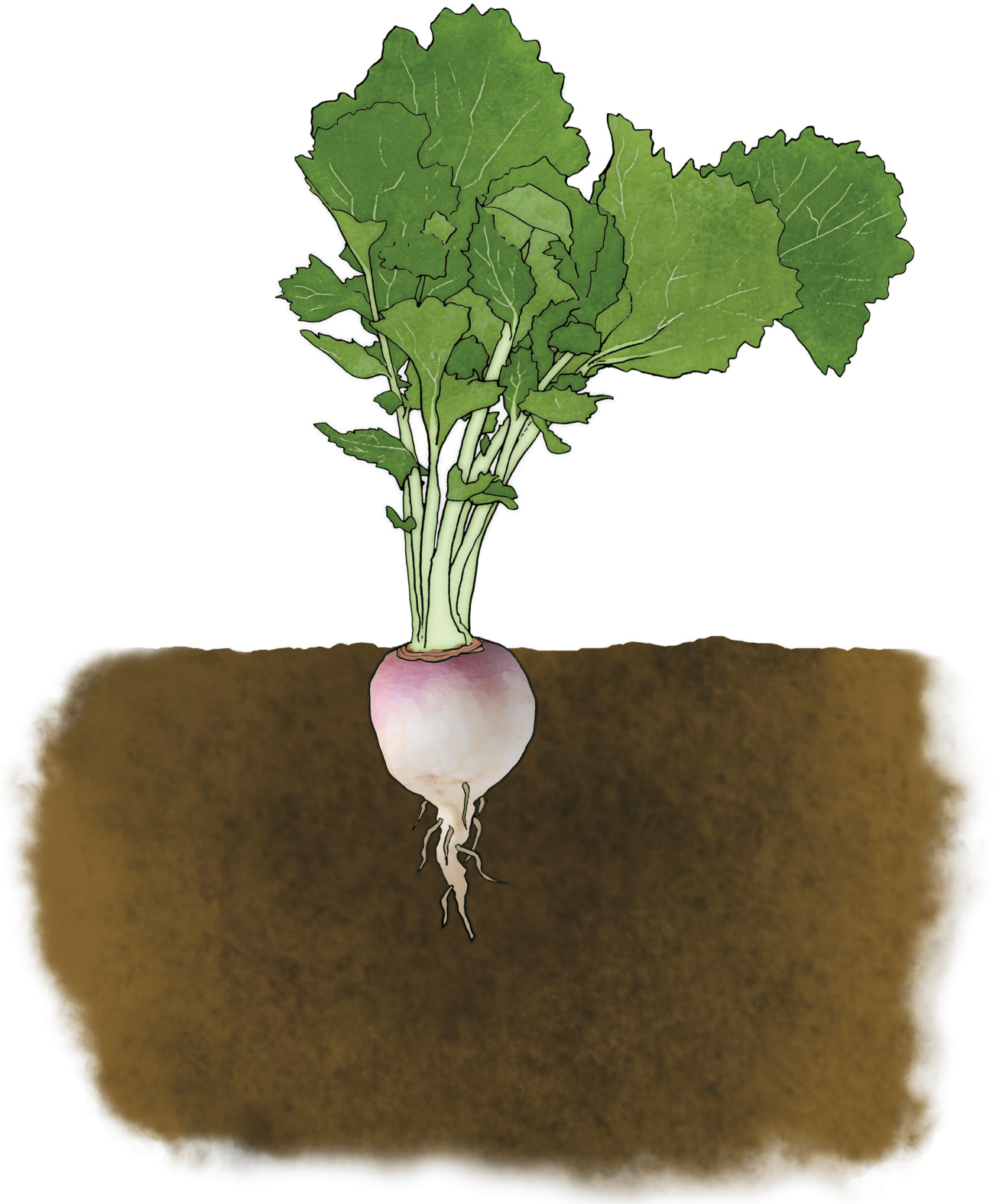
How do RUTABAGAS grow?



TURNIP



How do TURNIPS grow?



RUSSIAN

Репра (репа)

SPANISH

Navo

VIETNAMESE

Củ Cải

Look at this vegetable! It's called a turnip. A turnip is a kind of root vegetable, like a beet. Do you think it looks like a beet? Who has tried a turnip? What did it taste like? Turnips can be eaten raw and cooked. We can cook turnips in the oven, or boil them in water. For Chinese New Year, we can cook turnips and mix them with flour to make a kind of vegetable cake – yum! Baked turnips with cheese are delicious!

How do TURNIPS grow?

Turnips grow from seeds, and need water and sunlight to grow. Turnips are root vegetables that grow under the ground. Turnip leaves (called turnip “greens”) grow above the ground. We eat turnip roots and turnip leaves. When turnips are ready to eat, we pull them from the soil.

What other vegetables grow in the soil, under the ground?



Beet

